

Hear from the Experts



Whisper Hearing Centers
Hear from the experts.
www.whisperhearingcenters.com

Whisper Hearing Centers Newsletter for Patients and Families

Spring 2019 Edition



**May
Battery
Sale Card!**
See inside

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A passion for finding the perfect fit.

Whether you suffer from hearing loss yourself, or if it's a loved one, friend, or colleague, it's safe to say that hearing loss is a pervasive problem that touches all of us.

For Dr. Amy Schroeder, the hearing loss of a family member was enough to lead her down the career path of Audiology.

"When my cousin's son was 3 or 4, he had seen so many different kinds of professionals to identify why he wasn't hitting his milestones. After finally meeting with an audiologist, they discovered he suffered from moderate hearing loss. It was amazing how quickly he flourished and caught up with his peers after his diagnosis. Seeing that change made me want to be a part of it."

After earning her bachelor's degree from Bowling Green State University in Ohio and receiving her doctorate in audiology from the University of Louisville, Dr. Schroeder joined Whisper Hearing Centers in July of 2015 where she now specializes in diagnostics and amplification.

One of the more exciting aspects of her job relates to how quickly technology can change.

"While on maternity leave for just 10 weeks, our office had two different launches of technology. It's exciting to always be learning something new. It's what keeps this field so interesting to me," Schroeder stated.

"But the best part of my job is actually learning my patient's story," she continued. "There are so many tech options available, including bluetooth enabled hearing aids that you can pair with your smartphone, that you really need to have a patient-focused discussion to understand which aid best fits their lifestyle. I'm really then able to create a much more personal experience for their hearing solution."



Amy Schroeder
AuD, CCC-A, FAAA

Dr. Amy Schroeder is a licensed audiologist, holds a certificate of clinical competence in audiology from the American Speech Language Hearing Association, and is a fellow of the American Academy of Audiology. Dr. Schroeder sees patients in both our Noblesville and Carmel office locations.



Connie's Spring French Toast Bake



By: Deliciously Sprinkled
Prep time: 15 minutes
Cook Time: 45 minutes
Servings: 16

INSTRUCTIONS

1. Preheat oven to 350F degrees. Spray a 9x13 inch baking dish with non-sticking cooking spray. Set aside.

MAKE STREUSEL TOPPING:

1. In a small bowl, combine butter, brown sugar, flour, cinnamon and chopped pecans. Mix together until mixture becomes crumbly. Set aside.



STREUSEL TOPPING INGREDIENTS:

- 1/2 cup butter, softened
- 1/2 cup light brown sugar
- 1/2 cup all-purpose flour
- 1/2 teaspoon ground cinnamon
- 1 cup chopped pecans

FRENCH TOAST INGREDIENTS:

- 2 eggs
- 1/2 cup heavy whipping cream
- 2 Tablespoons all-purpose flour
- 3 teaspoons ground cinnamon
- 1/4 teaspoon nutmeg
- 1 teaspoon vanilla extract
- 2 cans flaky cinnamon rolls
- 1 can apple pie filling

MAKE FRENCH TOAST:

1. In a large bowl, whisk together eggs, heavy whipping cream, flour, cinnamon, nutmeg, and vanilla extract.
2. Open canned cinnamon rolls, slice each cinnamon roll into eighths. Place cinnamon roll pieces into prepared baking dish. Pour egg mixture over top of cinnamon roll pieces. Make sure that each piece is generously coated in egg mixture.
3. Evenly spread apple pie filling over top of cinnamon roll pieces.
4. Sprinkle streusel topping over apple pie filling.
5. Bake uncovered for 45-60 minutes or until top becomes lightly brown. Drizzle cinnamon roll icing over top of french toast bake and enjoy!

PATIENT TESTIMONIAL

This is just wonderful. I'm sixty years old and I can hear things I've never been able to hear. Things I never knew existed! I can hear two conversations at once and understand every word! And in the wind and noisy hollow places. I have even wished I hadn't heard some things. Ha! But my quality of life is 100% improved. Thank God and Whisper Hearing Centers.

- Susan A.

Difficulty hearing on the phone?

We can help! Contact our office to schedule a simple hearing evaluation and learn more about these NO-COST* solutions.



Bluetooth®
is now on CaptionCall®

With CaptionCall you can understand every word of every phone call. It's large, easy-to-read screen quickly displays written captions of what your callers say.

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to learn more about this FREE phone!**

The Sounds of Summer

Six Tips for Protecting Your Hearing All Summer Long

The sweet sounds of summer are nearly upon us, and that means we'll all be spending more time outdoors. Whether you're watching race cars speed around the track, celebrating our country's independence or seeing your favorite band in concert - it is important to ensure you're taking precautions so your summer festivities don't harm your hearing.

1. Give me liberty...and a set of earplugs!

The sound of fireworks exploding is a quintessential part of summertime, and did you know those explosions can reach sound levels of 160 decibels? Enjoy the pretty colors and patterns safely from afar, and ensure your family's hearing is protected by wearing earplugs for the entire show.

2. Ladies and gentlemen, protect your ears!

If you're heading to the track make sure to wear hearing protection at the race track. Even from a distance, the sound levels at the track reach damaging levels.

3. Enjoy the music, but guard your ears.

'Tis the season for attending live concerts, and no matter the genre — it's important to protect your hearing at the event. Use earplugs, stay a safe distance from the speakers and opt for outdoor venues to maximize your protection.

4. Enjoy the water without water in your ears.

Swimming is fun, but dealing with swimmer's ear is not. Protect your ears from infection by wearing earplugs in the pool and ensuring they're thoroughly dried after swimming and bathing.

5. Turn the volume down and limit your exposure time.

When listening to your smartphone or other electronic devices, remember to keep the volume low. In addition, make sure you limit the duration of time spent listening to your devices.

6. Get a custom fit.

Custom hearing protection is beneficial for reducing dangerous noise levels, and in turn reducing your chance for hearing loss. Our audiologists can create custom-fit hearing protection to ensure you can treasure the sounds of the season for a lifetime.



Please mail in the card with payment to order. If you have any questions, please call 317-819-4546. Allow 3 weeks for mailing.

Battery Sale

Less Cost. Less Hassle.

Have your hearing aid batteries mailed to your home for a limited time. Batteries are only \$4/pack. (6 batteries per package) Expires 5/31/19.

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Battery Size (Circle One): 10 312 13 675

of Packs _____ Total Payment: \$ _____

Call or Mail to:
1070 E. 86th St., Suite 72C
Indianapolis, IN 46240
317-819-4546

Please mail in this card for order.
Allow 3 weeks for mailing.



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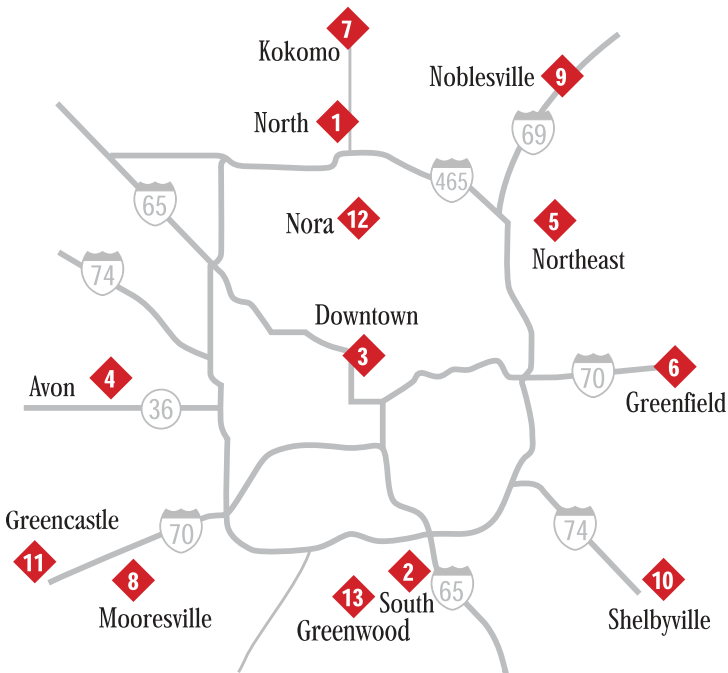


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